

New Syllabus as per NEP-2020 for 4 Years
UG Programme of University of Calcutta

Life Skill Education

University of Calcutta
Education (4 Years): DSC/Core (Major) CC-19 (7th Sem)

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SYLLABUS

UNIVERSITY OF CALCUTTA

Education (4 Years): DSC/Core (Major) CC-19 (7th Sem)

LIFE SKILL EDUCATION

Unit-1: Concept of Life Skills

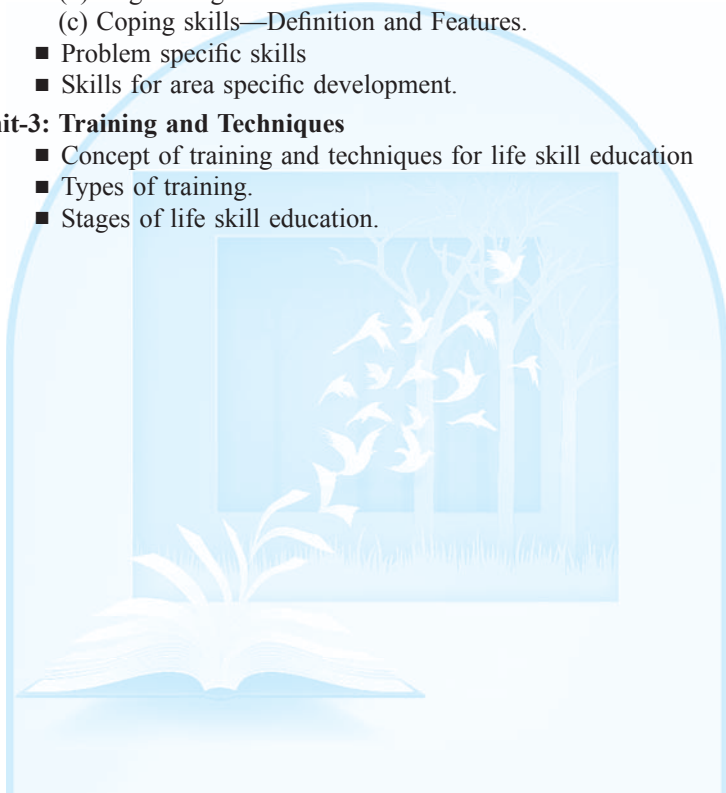
- Meaning and concept of life skills.
- Development of the concept of life skills.
- Origin of life skill in education.

Unit-2: Classification of Life Skills

- Generic Life Skills—
 - (a) Survival skills—Definition and Features.
 - (b) Negotiating skills—Definition and Features.
 - (c) Coping skills—Definition and Features.
- Problem specific skills
- Skills for area specific development.

Unit-3: Training and Techniques

- Concept of training and techniques for life skill education
- Types of training.
- Stages of life skill education.



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